

Simpler health care is a phone call away



Your health care should be as simple and personal as possible. At Vistia Health, we start by making sure you have the right support, right when you need it. That's why we've teamed up with your health plan to put a champion in your corner. With a champion, you don't have to make important health decisions alone.

Get a clearer view of your health

A champion can help you navigate every aspect of your care, so you can live your healthiest life. Call when you need:

- **Help understanding your benefits.** A champion knows your benefits and can help you get the most from your health plan.
- **Support from a Vistia Health Registered Nurse.** Get one-on-one support for your physical, behavioral, and even financial well-being.
- **Guidance from a care team.** We can connect you to a multi-specialty care team if you have more complex health challenges.

CALL ANYTIME TO REACH A CHAMPION

See how a champion can help bring your health into focus.

Call **[Group-Specific Number]**.



GET CONNECTED!



Sign up to get personalized health reminders, plan notifications, and money-saving alerts by email or text. Visit **vistiahealth.com/getconnected** to sign up.